

What The Path to Heal clients are saying about their experiences:

Digestive Issues: A year and half ago I was stricken with a digestive disorder that stumped the medical community. I was extremely miserable for months until I finally started improving after a few treatments from Becky and am now feeling much more like myself. I am truly grateful that Becky was guided to create **The Path to Heal** and that I am the recipient of this wonderful energy modality.

Tension Headaches: Honestly, I was a bit skeptical before and during treatment with Becky (especially because I seek scientific proof for everything), however I had become desperate for an alternative way to deal with my chronic tension headaches. Up until **The Path to Heal**, I had been plagued with three to five tension headaches weekly. Since my treatment (which is now over a month ago) I have noticed a significant decrease in headaches having had only three headaches since! I am finally starting to feel like myself again. Becky, thank you so much for such an enlightening and healing experience!

Concussion: After my first concussion I suffered from Post-concussion syndrome for 6 months. A year later I got a second concussion and after one session with Becky my symptoms went away after only a couple days. My sciatic nerve pain was greatly improved by a couple sessions as well. I truly support this natural way of healing. It does wonders for the body and mind.

The Development of The Path to Heal

The Path to Heal was developed by Becky Cohen from her search to help herself heal from a very debilitating case of Lyme Disease. After contracting Lyme and taking antibiotics for three weeks, Becky's Infectious Disease specialist told her that there was nothing else traditional medicine could do for her so she looked elsewhere. Over the years, she became a client of many different energy modalities including acupuncture, chiropractic care, NET, NAET, and BodyTalk. After Becky received her first BodyTalk session (a healing system developed by John Veltheim) she was so intrigued with utilizing muscle testing to understand subconscious patterns that she immediately jumped into being a student of BodyTalk. Over the next two years she studied BodyTalk, becoming an Advanced practitioner and a PaRama practitioner. She also studied Reiki and Healing Touch.

Becky found herself looking for deeper answers to help herself and others heal from their illnesses. She found these answers by utilizing known modalities and then when those didn't work she would develop new options for healing based on muscle testing. Developing these answers culminated in the formulation of **The Path to Heal**. Becky has completely recovered from Lyme Disease.

Becky received her BA in Psychology from Barnard College and her MBA from the Anderson Graduate School of Management at UCLA. Prior to becoming a healing practitioner, Becky was a marketing director at major US banks for 18 years.



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Imagine
Living a **LIFE**
without
struggle

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Imagine living a life without struggle. **The Path to Heal** makes this possible by helping clients heal physical conditions and other obstacles that limit success.

Each Path session is individualized based on the client's healing needs as determined through kinesiology (gentle muscle testing). A session encompasses numerous non-invasive healing techniques, performed by the practitioner, utilizing the loving energy of crystals and a tuning fork to aid the body's natural healing processes. These techniques help the client experience his or her true self—a being of pure light and unconditional love.

Illumination

The Path leads to significant physical healing because a session utilizes the client's physical symptoms to illuminate areas in which self love is needed. Once addressed, the conditions can quickly dissipate.

The Path to Heal can relieve many conditions including, but not limited to:

- Addictions
- Allergies
- Autoimmune Syndromes
- Chronic Pain
- Chronic Fatigue
- Digestive Disorders
- Fears and Phobias
- Fibromyalgia
- Headaches
- Insomnia
- Learning Disorders
- Lyme Disease
- Stress
- Viruses and Infections

Enlightenment

Health conditions are symptomatic manifestations of the client's blocks to self-love. These blocks, which arise from holding onto emotions associated with wounding events, are uncovered through muscle testing, and discussed and healed during Path sessions.

Transformation

The goal of a Path session is to fully align the client with three self affirming concepts:

- 1) I am enthusiastically myself at all times
- 2) I trust all good things will come to me
- 3) I unconditionally give and receive love

Once fully aligned, obstacles and physical symptoms can dissipate and we experience the following truth: **self love is the only path to heal.**

The Path to Heal is non-invasive and completely safe. **The Path to Heal** is not contraindicative to any medical treatment and can be performed in conjunction with other treatments. Clients of any age (including very young children) can benefit from **The Path to Heal**. A session lasts 45-90 minutes and is very relaxing.

Sessions can be performed in person and on the phone.

