




GENESIS OF DIS-EASE • 0



Practitioner holds rose quartz heart for entire session. All techniques are drawn with the spinel crystal over the figures on this page as a surrogate for client. On the figures, the  is on the 0 chakra and the  is on the 12th chakra.

Step 1- Awareness Shift:



- a) Three ∞ over heart call in elephant spirit
- b) 

Step 2 – Expansion:



(The trigger or negative circumstance is defined by client or may reflect a healing issue surfaced in other Path dimensions.)

- Call in goat spirit
- I give up _____ trigger
- or _____ negative circumstance
- as I give myself _____ basic need(s)

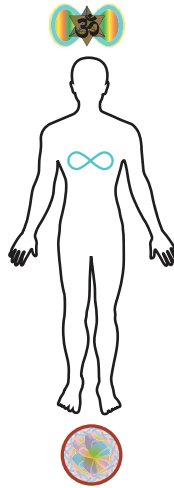
Step 3 – Enlightenment – Wound



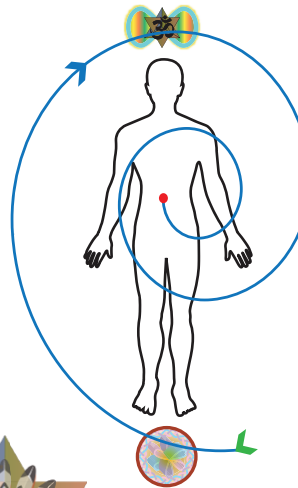
- Call in dove spirit
- At age _____, _____ person(s) _____ human attribute(s)
- _____ (add defining life affirming activity?)
- made me feel _____ human attribute(s)
- when I asked for _____ same basic need(s)
- Therefore _____ same basic need(s) makes me feel
- guilt and _____ emotion(s)
- Repeat step?



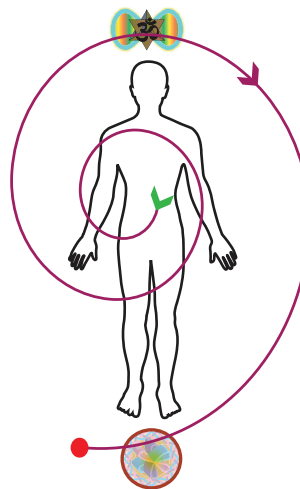
Step 1a



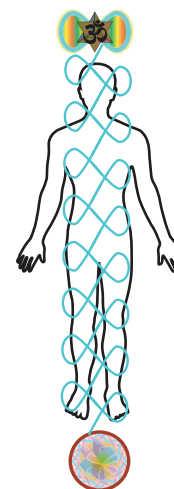
Step 4



Step 1b




Step 5




Step 4- Soul Integration:



- I _____ courage to be unstoppable word(s)
- while embracing _____ life affirming activitie(s)*
- Call in snow leopard then 
- Repeat Step?
- (*This sentence is repeated in the Daily Manifestation technique)

Step 5- Repatterning to Oneness:



- Choose personal animal spirit to guide our journey to peace through animal's stillness:
- Client inhales 
- Client exhales

© 2012 Becky Cohen

1/31/12



Name: _____ Date: _____

