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Kathy Giles, MBA, is an Angelic Energy Healer, **The Path to Heal** Practitioner, Usui Reiki Master, and an Intuitive/Spiritual Life and Business Coach.

Kathy worked as a Director of Human Resources in a Fortune 500 corporation for 30 years while studying different healing modalities. While she loved her work, due to the stress of corporate life, Kathy developed stress and physical issues, so she resigned.

Kathy's friend, Judy Balongue, took Kathy to meet Rebecca Cohen who was then starting a new **The Path to Heal** class. Upon talking with Rebecca at length, Kathy felt an immediate calling to become a student and studied FT with Rebecca to become a practitioner. **The Path to Heal** has helped Kathy to continue to heal the dis-eases from which she had been suffering.

Kathy works as a FT **The Path to Heal Practitioner**, combining her training, empathy gained through 30 years of working with people, and her intuitive ability guided by the Angelic Realm. Kathy feels joyous, honored and humbled to bring energy healing to her clients through **The Path to Heal**, as she sees remarkable progress in each client.

## Testimonials

### Life Decisions and Being your Best Self

For the past year I have been trying to decide on making a major career change. The indecision was causing an unhealthy mental and physical state for me and I could not move forward. Once I started working with Kathy, I gained clarity on what I needed to do. With that came a sense of peace that I needed. Now I can focus on other health issues such as fatigue and weight issues and I will continue to work with Kathy as she uses **The Path to Heal** in order for me to be my

best self. She is a true professional that brings both peace and comfort and I always feel lighter after seeing her.

### Personal and Spiritual Growth

I learned of Kathy and of her practice through a close friend who received amazing personal benefits and insight from her sessions with Kathy. I went to my first session out of an openness to The Path's philosophy and curiosity. When I left our appointment, I was energized, relaxed and spiritually and mentally lifted. I couldn't wait until our next session! Kathy is a skilled, intuitive, and natural **PATH** practitioner. She puts you at ease with her warmth, humor and training. She zeroed in on very specific issues in my life that needed to be addressed. I recommend making an appointment with Kathy and being open to receiving the knowledge and blessings that you will receive!!

### Business Coaching

Career Transition: After spending years in one profession, I wanted to make the leap as an entrepreneur. However, after 5 years of false starts, I felt lost and without a sense of purpose. By working with Kathy, I have made progress with healing and building confidence to move into my business. I have become more grounded and able to attract clients for my work. In addition, I've also been able to move through with more ease and less resistance. I'm thankful to Kathy for supporting me as I move into my new, professional, and personal path.