







Intake Sheet Instructions

<p>Instructions: Please fill in each section on the Intake Sheet with current issues. Each section is described below to help you better understand what the section means. Even minor issues can be included.</p>	<p>Symbols (for your reference only)</p>	<p>Filling in this Intake Sheet initiates The Path's healing process. These background symbols (meanings defined below) transmute energy allowing us to break patterns that are not serving us. The glow in the center of the page transmutes toxicity to positivity (providing inner optimism that all of our issues will heal), raises our vibration so we become conscious of what will bring us joy, and infuses us with the courage to follow our dreams.</p>
<p>Create New Light: List what you would like to manifest and create for yourself. For example, I want to be stress free; I want a loving relationship; I want to create business partnerships; I want to be more sensitive to others.</p>		<p>Pure Joy: Each person or situation that we encounter is our twin flame. Our twins have only one purpose and that is to encourage our enlightenment. The encouragement either takes the form of agitation inciting our transformational response or to aid us once on our enlightened path of joy.</p>
<p>Physical Conditions: List physical ailments such as pain in back, tired all the time, diabetes.</p>		<p>I Am That I Am: This symbol amplifies our vibration so that we become fully conscious of, attract and have the faith to reach for that which brings us joy. It affirms our divinity, overriding negative thought patterns, leading to the manifestation of that which will bring us joy.</p>
<p>Worrying Thoughts: List fears and worries. For example, fear that I won't get married, or fear I won't get a raise or new job.</p>		<p>Infinity Flower, or Heaven on Earth: The three interwoven infinities draw out the power of self-love to dissipate struggle.</p>
		<p>Chrysalis: Limitless pure potential originating from the vortex where time and space meet.</p>
<p>Psychological Conditions: List known psychological conditions such as anxiety or depression. Or it could be other things about yourself that you would like to change such as excessive talking about a new relationship, smoking – don't know why I cannot stop, tics, repetitive thoughts, mind constantly racing.</p>		<p>Heart of ISIS: The rising Kundalini energy merges us with the heart of ISIS halting our propensity to hurt self with the manifestation of physical conditions by giving us the courage to break patterns not serving us.</p>
<p>Negative Circumstances: List anything that is not positive in your world now. These can pertain to self or others such as: I have ants in my house, I feel lonely, I lack organization to get things done, I procrastinate, my husband is sick, everyone at work is stressed.</p>		<p>I am Always in my Power: When our portal to our divine power center is open through forming Soul Crystal Formations, we remain in our power by releasing all pain and perception of hell, then our pleasure centers open facilitating peace and bliss.</p>

Chakras - techniques during **Path** sessions are performed over the chakras defined below.

- | | | | |
|--------------------------|----------------|---------------------|-----------------------------------|
| 0 - Earth Grounding | 4 - Love | 7 - Remembering God | 10 - Synchronicity |
| 1 - Grounding | 5 - Expression | 8 - Karmic Residue | 11 - Instantaneous Transformation |
| 2 - Sexuality/Creativity | 6- Intuition | 9 - Life's Lessons | 12 - Ascension |
| 3 - Personal Power | | | |