

## Intake Sheet Instructions

<p><b>Instructions:</b> Please fill in each section on the Intake Sheet with current issues. Each section is described below to help you better understand what the section means. Even minor issues can be included.</p>	<p><b>Symbols</b> (for your reference only)</p>	<p>Filling in this Intake Sheet initiates <b>The Path's</b> healing process. These background symbols (meanings defined below) transmute energy allowing us to break patterns that are not serving us. The glow in the center of the page transmutes toxicity to positivity (providing inner optimism that all of our issues will heal), raises our vibration so we become conscious of what will bring us joy, and infuses us with the courage to follow our dreams.</p>
<p><b>Create New Light:</b> List what you would like to manifest and create for yourself. For example, I want to be stress free; I want a loving relationship; I want to create business partnerships; I want to be more sensitive to others.</p>		<p><b>Heart of ISIS:</b> The rising Kundalini energy merges us with the heart of ISIS halting our propensity to hurt self with the manifestation of physical conditions by giving us the courage to break patterns not serving us and others even as we perceive that the break will make us unpopular.</p>
		<p><b>I Am My Magic:</b> All of the matrices in my body and etheric field are completely attuned to my divine potential and therefore I am my magic. Our magic always brings beautiful possibilities, joy, passion, health, wealth and love.</p>
<p><b>Physical Conditions:</b> List physical ailments such as pain in back, tired all the time, diabetes.</p>		<p><b>I Am That I Am:</b> This symbol amplifies our vibration so that we become fully conscious of, attract and have the faith to reach for that which brings us joy. It affirms our divinity, overriding negative thought patterns, leading to the manifestation of that which will bring us joy.</p>
<p><b>Worrying Thoughts:</b> List fears and worries. For example, fear that I won't get married, or fear I won't get a raise or new job.</p>		<p><b>Bringing Heaven to Earth:</b> Heaven is not a journey, it's self-love. When we release all blocks to self-love, the gates to Heaven are open. Our life is miraculous, meaningful and we are always cherished for our gifts. And then it is easy for us to have grace for all.</p>
		<p><b>Ocean of Love:</b> I am in the ocean of love. I am held. I do not need to think or do anything. I am safe, always connected and I deflect all that is not of love.</p>
<p><b>Psychological Conditions:</b> List known psychological conditions such as anxiety or depression. Or it could be other things about yourself that you would like to change such as excessive talking about a new relationship, smoking – don't know why I cannot stop, tics, repetitive thoughts, mind constantly racing.</p>		<p><b>Pure Joy:</b> Each person or situation that we encounter is our twin flame. Our twins have only one purpose and that is to encourage our enlightenment. The encouragement either takes the form of agitation inciting our transformational response or to aid us once on our enlightened path of joy.</p>
		<p><b>I Create a Beautiful World</b> by recognizing that I am gifted, empowered and optimistic.</p>
<p><b>Negative Circumstances:</b> List anything that is not positive in your world now. These can pertain to self or others such as: I have ants in my house, I feel lonely, I lack organization to get things done, I procrastinate, my husband is sick, everyone at work is stressed.</p>		<p><b>Diamond Shaped Extractor</b> – Represents this crystal. Clears debris to make room for easy creation.</p>

<b>Chakra's Energetic Property</b>	4 - Love/Intimacy	9 - Forgiveness leading to Optimism
0 - Compassion (for my decisions)	5 - Joyful expression of Truth	10 - Synchronistic ease
1 - Grounded/Secure	6 - Intuition/Honesty	11 - Instantaneous Transformation
2 - Sexuality/Creativity	7 - Remembering God-self	12 - Ascending into Radiant Pure Joy
3 - Personal Power	8 - Clearing Karmic Residue/Freedom	13 - Unconditional Love