

GENESIS OF DIS-EASE · 0 @



Practitioner holds rose quartz heart and client holds rose quartz and spinel for entire session. All techniques are drawn with the spinel crystal over the figures on this page as a surrogate for client. On the figures, the is on the 0 chakra and the is on the 12th chakra.

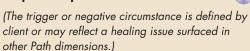
Step 1- Awareness Shift:



a) Three over heart call in elephant spirit

b) (G)

Step 2 – Expansion:

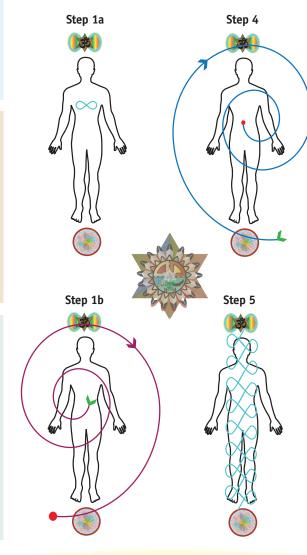


• Call in goat spirit

| • I give up —— | trigger |
|------------------|-----------------------|
| or ——— | negative circumstance |
| as I give myself | basic need(s) |

Step 3 - Enlightenment - Wound





Step 4- Soul Integration:



| courage to be unstoppable word(s) | |
|-----------------------------------|-----------------------------|
| while embracing | life affirming activitie(s) |

- Call in chameleon then
 - n (in)
- Pick Angel Card to integrate denied aspects of soul

Step 5- Repatterning to Oneness:



- Choose personal animal spirit to guide our journey to peace through animal's stillness:
- Client inhales



Client exhales

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